

## GRASSHOPPER

## SEPTEMBER 2008

## LK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SEPTEMBER 1</b>  LABOR DAY  HOLIDAY !!	<b>SEPTEMBER 2</b> SLOPPY JOE ON ROLL, 1/3 C ON A ROLL, 1 EA GREEN BEANS, 1/4 C CHILLED DICED PEARS, 3/8 C	<b>SEPTEMBER 3</b> SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C <b>TODS AND TWOS</b> CHILLED DICED PEACHES	<b>SEPTEMBER 4</b> OVEN FRIED DRUMSTICKS BONE IN WHOLE WHEAT BREAD, 1/2 SL CARROT COINS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CN WHOLE GRAIN BREADED CHICKEN NUGGETS W/ CATSUP APPLESAUCE	<b>SEPTEMBER 5</b> TUNA WRAP, 1 EA HOT MIXED VEGETABLE, 1/4 C CHILLED DICED PEACHES, 3/8 C
<b>SEPTEMBER 8</b> CN-SNACK-ATIZERS POPCORN CHICKEN, 7 EA W/ CATSUP SWEET TENDER PEAS, 1/4 C BREAD STICKS, 1 PKTS CHILLED APPLESAUCE, 3/8 C	<b>SEPTEMBER 9</b> MACARONI & CHEESE, 1/2 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/4 C FRESH FRUIT SALAD , 1/2 C (MELONS, FRESH PINEAPPLE), 3/8 C <b>TODS AND TWOS</b> SWEET TENDER PEAS	<b>SEPTEMBER 10</b> BEEF HAMBURGER PATTY, 1 EA HAMBURGER ROLL, 1 EA W/ CATSUP SWEET YELLOW CORN, 1/4 C FRESH ORANGE WEDGES, 2 EA <b>TODS AND TWOS</b> CHILLED DICED PEARS	<b>SEPTEMBER 11</b> NACHO MEAT, 1 OZ (SOY & BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ TORTILLA CHIPS, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> ROLL / CARROT COINS APPLESAUCE	<b>SEPTEMBER 12</b> SPAGHETTI W/ MARINARA, 1/3 C TURKEY MEATBALLS, 3 EA TOSSED SALAD W/CREAMY RANCH DRESSING, 1/4 C PINEAPPLE TIDBITS, 3/8 C <b>TODS AND TWOS</b> MIXED FRUIT/GREEN BEANS
<b>SEPTEMBER 15</b> TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C PINEAPPLE TIDBITS, 3/8 C <b>TODS AND TWOS</b> CARROT COINS PEARS	<b>SEPTEMBER 16</b> ITALIAN MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE	<b>SEPTEMBER 17</b> SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C DINNER ROLL, 1 EA FRESH FRUIT SALAD , 3/8 C (MELONS, FRESH PINEAPPLE)	<b>SEPTEMBER 18</b> TURKEY CORN DOG NUGGETS, 4 EA W/ CATSUP GREEN PEAS, 1/4 C FRESH ORANGE WEDGES, 2 EA <b>TODS AND TWOS</b> CHILLED DICED PEARS	<b>SEPTEMBER 19</b> **BAKED ZITI** NO MEAT HAS SOY, 2 OZ IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C STEAMED VEG MEDLEY, 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C
<b>SEPTEMBER 22</b> CHICKEN PATTY SANDWICH, 1 EA HAMBURGER ROLL, 1 EA W/ HONEY MUSTARD GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	<b>SEPTEMBER 23</b> HAWAIIAN MEATBALLS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> CARROT COINS	<b>SEPTEMBER 24</b> CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 3 EA SAVORY MASHED POTATOES, 1/4 C WHOLE WHEAT BREAD, 1/2 SL FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE	<b>SEPTEMBER 25</b> MEATBALLS & GRAVY, 3 EA SPLIT TOP ROLL, 1 EA SWEET TENDER PEAS, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> APPLESAUCE	<b>SEPTEMBER 26</b> BONELESS WING DING, 2 EA W/ CATSUP DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/4 C FRESH FRUIT SALAD , 3/8 C (MELONS, FRESH PINEAPPLE)
<b>SEPTEMBER 29</b> BEEF HAMBURGER PATTY, 1 EA ON A ROLL W/ CATSUP GREEN BEANS, 1/4 C CHILLED DICED PEARS, 3/8 C	<b>SEPTEMBER 30</b> SPAGHETTI W/ MARINARA, 1/3 C TURKEY MEATBALLS, 3 EA TOSSED SALAD W/CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> SWEET TENDER PEAS			

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 6 oz milk required with each meal